Free Golf Tips

# Fat Shot Checklist

9 Checks

Right-handed golfer; left-handers swap left and right.
Tick each one at the range, then hit 10 balls at half speed.

- [ ] **1.** Ball not too far forward for irons.
- [ ] **2.** Weight slightly on the lead side (about 55/45) at address.
- [ ] **3.** No sway away from the target.
- [ ] **4.** Shift pressure to the lead foot first coming down.
- [ ] **5.** Hands ahead of the ball at impact.
- [ ] **6.** Don't hold the wrist angle and then flip.
- [ ] **7.** Line drill: the divot starts on or after the line.
- [ ] **8.** Grip pressure light.
- [ ] **9.** On soft turf, ball a touch back.

More free checks by email: the First Round Fix tip sheet.
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