Free Golf Tips

Thin Shot Checklist

9 Checks

Right-handed golfer; left-handers swap left and right.
Tick each one at the range, then hit 10 balls at half speed.

- [ ] **1.** Correct distance from the ball.
- [ ] **2.** Keep your knee flex through the swing.
- [ ] **3.** Keep your spine angle to impact.
- [ ] **4.** Weight moves forward; don't hang back.
- [ ] **5.** No scooping or lifting.
- [ ] **6.** Ball not too far forward.
- [ ] **7.** Hit down and through on irons.
- [ ] **8.** Line or towel drill for the low point.
- [ ] **9.** Check the lie: on tight lies, ball slightly back.

More free checks by email: the First Round Fix tip sheet.
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