Free Golf Tips

Stop Topping Checklist

10 Checks

Right-handed golfer; left-handers swap left and right.
Tick each one at the range, then hit 10 balls at half speed.

- [ ] **1.** Stand close enough that your arms hang naturally.
- [ ] **2.** Knee flex and hip hinge set; don't stand tall.
- [ ] **3.** Ball position correct for the club.
- [ ] **4.** Weight 50/50 at address with irons.
- [ ] **5.** Keep your posture through impact; no standing up.
- [ ] **6.** Don't try to lift the ball; let the loft work.
- [ ] **7.** Weight moves to the lead side by impact.
- [ ] **8.** Eyes on the back of the ball.
- [ ] **9.** Brush the grass in your practice swings.
- [ ] **10.** Tee it lower for fairway woods while you learn.

Want the drills in order? Stop Topping the Ball: a 14-day printable plan, $14.99 USD.
freegolftips.net/fairway-plans/